



PRESS RELEASE

For immediate release

Leadership Stockton Teambuilding Session

Sponsored by the San Joaquin County Office of Education

SEPTEMBER 2004 - Leadership Stockton, a program of the Greater Stockton Chamber of Commerce, kicked off the 2004-2005 class with a successful day-long Team-building session hosted by the San Joaquin County Office of Education (SJCOE). The goal of the session was for participants to learn more about themselves and their classmates through a variety of teambuilding exercises and discussions. After, the class learned more about each other by interviewing and introducing one another. The group also participated in a "personality type" activity with Deputy Superintendent Mick Founts. This fun and creative approach allowed the students to evaluate their own personality type and see the types of other students while reflecting on where they fit in within the group. Soon after, the entire class moved outside to the "One Up Adventure Challenge Course." While the weather was still cool, course facilitator Rob Kroff of SJCOE led the class through a variety of exercises including Stinky King, Blob Tag, Whale Watch, Minefield, and the Mohawk Walk. These challenge course activities were geared to encourage participants to discuss, as a group, the importance of risk taking, communication, trust, cooperation, and teamwork. The class worked hard, got a little dirty, and bonded as a group while the day grew hotter! By the end of the session, everyone began to relax, got to know each other, and began to develop into a cohesive group for the future. The session set the tone for the remainder of the year, and by the way things went, this class is surely going to be one to watch.

A special thanks to the generous team at the San Joaquin County Office of Education: Mick Founts, Kathy Focacci, and Rob Kroff. Their dedication to the goals of this session, and Leadership Stockton was shown in their hard work. We hope this is the beginning of a long relationship with the program. If you would like more information on how the SJCOE can work with your company's team building needs, call the San Joaquin County Office of Education at 468-9064.

Next month, follow the Class of 2005 as they look at Leadership and Ethics, hosted by San Joaquin Delta College. If your business would like to sponsor a session or for more information about Leadership Stockton, contact Wes Rhea at 547-2770 or email leadership@stocktonchamber.org.